

## WHERE TO GET A DELICIOUS FOOD FIX?

A new café – Good Fix - has opened in Kelvin Street after its owner decided there was gap in the market.

**GOOD FIX** is the first business owned by 27-year-old Harry Moss. "Opportunities here in Invercargill are plentiful for young entrepreneurs and having your own business is in reach," he says. "In places like Auckland where I was living previously, you wouldn't even try because of the start-up costs."

"We focus on offering really healthy foods that make you feel good, but taste delicious," Harry says. "And all of our containers are environmentally friendly."

"We do over 100 different salads and they change every week."

"When I moved here I worked with my friend and former boss over in South City and he

really influenced me to get into a healthier lifestyle.

"As I improved my own eating habits I noticed there was a gap in the café market – there were none that focused solely on fresh salads and juices."

Good Fix offers great \$10 lunch deals that include a salad, wrap or sandwich and a freshly made juice that includes ingredients like beets, celery, carrot, apple and ginger.

"The lunchtime special has proven very popular," says Harry.

**GIVE IT A TRY:** Good Fix is located at 35 Kelvin Street. It is open Monday to Friday from 8am to 4pm. There's also a loyalty programme to earn yourself a free lunch.



HARRY MOSS

## On the MOVE

As you know a number of businesses have and will be moving from the block where the new and exciting HWCP development will be built. To make sure you can still find some of your favourite stores we will be providing you with all the move details here each month.



### AMBROSIA FLOWERS

If you're looking for your favourite florist doesn't worry, they have only moved across the road to 45a Tay Street, right next to Ivan Bulling Furniture. You will still get the same great service and beautiful individualised pieces. Ambrosia will make you anything from simple thank you bouquets, gift solutions, workplace brighteners, through to fully themed events and venues. Open 9am-5pm, Monday to Friday and 10am-2pm on Saturday.



### CREATIVITY PLUS & ARTISTS COLLECTIVE

They have moved to 86 Dee Street. Lana believes imagination is the key to creativity and at Creativity Plus they offer graphic design, stationery to meet your needs, onsite laser engraving and more. If you're looking for something special and unique the Artists Collective carries a broad range of special and handmade items. Open 9am-5pm, Monday to Friday and 10am-2pm on Saturday.



### SIMPLY SPECIAL

Simply Special offers you shopping online and at their new location at 99 Dee Street. Joanne and Monique carry a great range of home decor products, artwork, jewellery and accessories such as handbags, scarves and wallets. If you're looking for a beautiful gift then Simply Special is the place for you. They also offer layby in store with a deposit of only 10%. Open 10am-5pm, Monday to Friday and 10.30am-3.30pm on Saturday.

## S.I.T. FASHION STUDIO OPEN TO THE PUBLIC



MONICA TORETTO

Did you know that anyone can visit the fashion shop in the SIT Arcade between Esk and Don Streets?

**THE SHOP** is run by third-year fashion student Monica Toretto and SIT tutor Ramari Paul. It offers custom tailoring, mending, and the opportunity to purchase clothing designed and produced by SIT students. The garments include beautiful one-of-a-kind items designed for fashion shows like the Hokonui Fashion Design Awards.

"The shop offers students the opportunity to get real-life experience working with clients," says Monica. "There are so many elements to a fashion design degree, and they can all lead to different avenues."

"The shop gives us the chance to better understand our strengths and weaknesses. When you study design and fashion we sometimes forget working with the public is a big part of that."

Monica says the shop is a great way for students to have the chance to work on aspects of fashion design that they don't get in the classroom.

If you're looking for something unique, need some mending or just want to have a browse, do pop in. Opening hours are Monday to Friday, 9am to 4pm.

## FOOD TRUCKS FIRING UP!



Enjoy some of the of the city's best food trucks & food stalls

SEPTEMBER TO JANUARY - 11AM TO 2PM

**FOOD TRUCK FRIDAYS** are returning to Wachner Place! Over the past year a number of new trucks have started in the city and we are really delighted they will be joining this year's line-up. In addition to the food trucks, Wachner Place will see the city's I-Site reopening in mid-September. "It's really great to have both of these in Wachner Place," said City Centre Co-ordinator Kari Graber. "They are both a great way to add vibrancy in the CBD and so central to our fantastic shopping that it will be a great boost for the city."

Food Truck Fridays will start on September 21 and will be open from 11am to 2pm. Remember (so you don't miss out!) that most food truck vendors only accept cash.

## FIND OUT MORE:

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