

Let's eat, Invercargill, and celebrate Neighbours Day

Your neighbour has shared this much-loved recipe for you to take, make and share with your friends, whānau and neighbours. Enjoy!



Viviane's Sweet Corn Cake Bolo de milho da Viviane

This is a simple recipe from Viviane's home state in Brazil. Viviane and her husband Rodrigo love to host guests, and their guests always comment on how delicious her corn cake is.



4 whole eggs
1 cup cane sugar
1 can sweet corn (drained)
1 cup standard milk
½ cup vegetable oil of your choice (soy or rice work best)

1 ½ cups cornmeal flour

4 tbsp grated coconut 1 tbsp baking powder *You can replace the co

*You can replace the cornmeal flour with polenta. This will give a similar taste but slightly different dough texture.

Put the eggs, the drained sweet corn and all the liquid ingredients in a blender and blend until you get a smooth, consistent texture. Place in a bowl, add the cornmeal flour, the grated coconut and the baking powder – mix until you have a smooth, consistent dough. Place in a "bundt tin" (a round tin with a hole in the middle) and bake in a preheated oven at 180 degrees until golden – approximately 30 minutes.



Ready! Enjoy an authentic central-plateau Brazilian sweet corn cake – even better when warm, topped with a generous layer of butter and a steaming hot cup of Brazilian coffee.











